

BOOTFITTING CONGRESS 2026

LECH AM ARLBERG



Practice

Get dirty - Workshop 1

Active interaction with new machines, new materials, new technologies
First touch of new custom range



Get dirty - Workshop 2

Active work on shells, foaming PU Liners, shaftrotation & more



Discussion

Podiums discussion

Worldwide vision and future of bootfitting
New ways & concepts

Theorie lectures

TOPIC 1

The impact of bootfitting on the body
Medical insights & reflections

TOPIC 2

The impact of skibootfitting to ski-behaviour
To visualise balance, gliding position & more

TOPIC 3

Interaction of tibia with a skiboot
Shin plate, powerstrap & tongue for flex, performance, injury prevention and rehab care

TOPIC 4

Biomechanical analysis and assessment of a skiers needs
Range of motion, balance, center of gravity & more

TOPIC 5

Challenges of 360° fitting a skitouringboot
Shell material and thickness, liners, shaftrotation & more